SUPPORT GROUP FOR PARENTS OF CHILDREN WITH ADHD

Why a Parenting Group?
Parenting stress levels can be quite high among families who have children with attention deficit hyperactivity disorder (ADHD) or other behavioral difficulties. This weekly support group is designed specifically for parents to discuss challenging situations and express their feelings in a safe and supportive environment. The facilitator will also provide education and resources for stress reduction, strengthening family relations, navigating school systems, and creating positive behavioral strategies at home.

Where: Morrissey-Compton Educational Center
595 Price Avenue
Redwood City, CA 95125

Times: October 19-December 14
Wednesdays
5:30-7:00pm

Who: Parents of 4th-6th graders who have ADHD or other behavioral differences

Cost: $400 per family: includes a 30 minute intake and 8 weeks of group

Facilitator: Natalie P. Wager, Psy.D.

For more information or to sign up, you may contact Dr. Wager at Natalie.Wager@morrcmp.org or Suzy Music at Suzy.Music@morrcmp.org or 650-322-5910