How Social Skills Groups Helped Our Family

December 21, 2015

Dear Dr. Brentar:

I am writing to thank you for Morrissey-Compton’s support these past few months. I have been extremely grateful for everything your organization has done for our family this year.

To give you some background, my son had been struggling with social interactions for some time. Last year, his school recommended that I find a social skills class for him. They recommended Morrissey-Compton.

To be honest, I was dubious. How could a class help him learn social skills? I was also suspicious of organizations serving Silicon Valley, in terms of being truly supportive of kids and their families. Additionally, the cost of the class was quite high for our family’s budget. However, after one semester of this class, I am a believer.

First, Morrissey-Compton is a lovely organization, whose mission truly is about supporting kids and their families. Your non-fancy office implies that your resources are being spent on staff (and your staff was spectacular). Morrissey-Compton’s commitment to helping others was also confirmed when you offered us financial aid, which made the class accessible.

Second, the class itself was tremendous. Initially, like me, my son was skeptical. Soon, though, he began to look forward to it, as the time was spent in positive ways, with lots of age-appropriate skill-building games, and lots of laughter. Following class time, I appreciated that the parents would get a run-down of what the kids worked on. The kids also got homework each week to help support them in building social and emotional skills, which seemed to really support my son’s ability to navigate social situations.

Third, the teachers were amazing, and of the highest caliber. Barb’s experience as a first grade teacher showed as she used effective strategies and approaches to help the kids learn to solve problems independently. Sue was awesome with the kids and the parents, too. I also really appreciated hearing about the results that they saw in my child with a personal meeting following the class. Overall, they have helped our family tremendously.

In the end, my child is still learning, but his social skills have improved, and I give a lot of credit to this group. As I said before, I was skeptical at the beginning, but now I am incredibly grateful to Morrissey-Compton for their efforts, and particularly for the financial help.

Thank you, again!

Sincerely, Helen W.

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